

What to wear in Class:

Caregivers: Please wear comfy clothes

Babies: (onesies are best!)

Pre-walkers: comfy clothes; no zippers, no tops and bottoms that separate; sox with treads;

Walkers: comfy clothes, no clothes that separate, no zippers or tight pants; sox with treads;

NOTE:

The DG is on a high 2nd floor....Use LIGHT WEIGHT stroller or a snuggly! You may “park” your stroller on the landing. Heavy buggies may be a safety hazard. Ask for assistance, please!!

Infant/Toddler Program Fees – (effective 8/1/2016)

choose either day or visit as often as you like!

TU & TH 11AM - NOON

> **Purchase a FIT Card**

\$18/class drop in

12 classes (\$15/class) for \$180

Annual Insurance Fee

(mandatory liability coverage AFTER 1 time trial class)

Each child/caretaker pair: \$40 **annual** payment at time of Registration

Please complete:

REGISTRATION FORM

PHOTO RELEASE FORM

INFANT/TODDLER TUITION FORM

Please take:

DG EMERGENCY PROCEDURES

DG EMERGENCY PHONE NUMBER

Infant/Toddler Program at the Dance Garden *“Dancing with Baby”*

Research has proven the benefits of structured activities for healthy infant brain development.

CA's First Five highlights language: read, sing, talk to your infant!

Studies at the U of Wisconsin/Madison suggest more! *“Structured movement and exercises should be performed daily starting at 6 weeks old!”*

Ms Marian designed a movement program for our early learners over 20 years ago! Hundreds of children have passed through her program!

To the satisfaction of their parents, these babies developed a trust and confidence in their body's performance, agility and strength earlier than their peers. And, most obstacles in a child's physical development is easily addressed and resolved during this time.

Some students continued on with a successful dance career, mastered complex musical instruments or excelled in sports.

We all strive to have our children live happy lives with the ability to communicate without frustration. Movement is the first form of expression!

Why not learn some tools to communicate and develop a bond with your baby through the use of movement and exercise!

The Dance Garden's I/T Classes.....

- > introduce to caregiver + baby, new and fun movement exercises + activities that can be repeated at home;
- > stimulate baby's brain to learn, memorize & **repeat** movement and exercises;
- > focus on fine and gross motor, space relationships and timing & effort, through dance, tumbling, exercise, music, song, work with props, partnering and other fun experientials!
- > create opportunities for social interaction;
- > allow for bonding with caregiver;
- > introduce caregiver to ideas and concepts that will help enhance baby's **MAGICAL TIME FOR LEARNING – age 0-5 years**